SEWARD OPTIMIST CLUB JULY 4TH RUN/WALK

10K (6.2 Mile) Freedom Run & 2-Mile Fun Run
Walkers Welcome Too!
July 4, 2019 at 7:00 AM

- Check-in/Packet Pick-up starts at 6:00 a.m., race begins at 7:00 a.m.
- Seward Municipal Pool – under the fairground arch
  167 14th St. (Intersection of Seward & 14th St.) Seward, NE
- Showers & Restrooms Available   •   Post Race Fruit Bar
- Race timed with Champion Chip Technology provided by Precision Race Results of Omaha
- Online Registration & Payment Available at www.GetMeRegistered.com

CASH PRIZES!

PRIZES & MEDALS

- 10K Run: $100 prize to male and female winners, $50 to second place winners
- 2-Mile: $50 prize to male and female winners, $25 to second place winners
- Top 3 winners in each age category for male and female receive medals

ONLY individuals registered online by June 20, 2019 will get a race t-shirt!

Entry Fees:

10K (6.2 MILE) RUN
  $25 before June 20, 2018
  $35 June 21 through July 3, 2018 @ 9:00 pm

2-MILE RUN
  $15 before June 20, 2018
  $25 June 21 through July 3, 2018 @ 9:00 pm

Age Classes for Male & Female Participants:
10 & Under   Age 11 – 13   Age 14 – 18   Age 19 - 23
Age 24 – 29   Age 30 – 39   Age 40 – 49   Age 50 - 59
Age 60 – 64   Age 65 and older

CHILDREN 10 YEARS AND UNDER ARE FREE FOR 2-MILE RUN WITH PAID ADULT REGISTRATION

FAMILY DISCOUNTS AVAILABLE THROUGH JUNE 20TH

No Pets Allowed!

A portion of the race proceeds go towards administrative expenses.

Last day to register is July 3rd, 2019 by 9:00 p.m. (online only).
NO RACE DAY REGISTRATIONS

Online Registration at: www.GetMeRegistered.com