

SEWARD OPTIMIST CLUB JULY 4TH RUN/WALK

10K (6.2 Mile) Freedom Run & 2-Mile Fun Run



Walkers Welcome Too!

July 4, 2022 at 7:00 AM

- Check-in/Package Pick-up starts at 6:00 a.m., race begins at 7:00 a.m.
- Seward Municipal Pool – under the fairground arch
167 14th St. (Intersection of Seward & 14th St.) Seward, NE
- Showers & Restrooms Available • Post Race Fruit Bar
- Race timed with MyLaps Bib Tag Technology provided by Precision Race Results of Omaha
- Online Registration & Payment Available at www.GetMeRegistered.com

CASH PRIZES AND MEDALS!

Top 3 winners in each male and female age category receive medals.

- 10K Run: \$100 prize to male and female winners,
\$50 to second place winners
- 2-Mile: \$50 prize to male and female winners,
\$25 to second place winners

ONLY individuals registered online by June 20, 2022 will get a race t-shirt!

Entry Fees:

10K (6.2 MILE) RUN
\$25 before June 20, 2022
\$35 June 21 through July 3, 2022 @ 6:00 pm

2-MILE RUN
\$15 before June 20, 2022
\$25 June 21 through July 3, 2022 @ 6:00 pm

Age Classes for Male & Female Participants:

10 & Under	Age 11 – 13	Age 14 – 18	Age 19 - 23
Age 24 – 29	Age 30 – 39	Age 40 – 49	Age 50 - 59
Age 60 – 69	Age 70 and older		

**CHILDREN 10 YEARS AND UNDER ARE
FREE FOR 2-MILE RUN WITH PAID
ADULT REGISTRATION**

A portion of the race proceeds goes towards administrative expenses.

FAMILY DISCOUNTS AVAILABLE THROUGH JUNE 20TH

No Pets Allowed!

-COVID-19 PROTOCOLS ESTABLISHED BY FOUR CORNERS HEALTH WILL BE FOLLOWED-

Last day to register is July 3rd, 2022 by 6:00 p.m. (online only).

NO RACE DAY REGISTRATIONS

Online Registration at: www.GetMeRegistered.com