

SEWARD OPTIMIST CLUB JULY 4TH RUN/WALK

10K (6.2 Mile) Freedom Run & 2-Mile Fun Run



Walkers Welcome Too!

July 4, 2023 at 7:00 AM

- Check-in/Package Pick-up starts at 6:00 a.m., race begins at 7:00 a.m.
- Seward Municipal Pool – under the fairground arch
167 14th St. (Intersection of Seward & 14th St.) Seward, NE
- Showers & Restrooms Available • Post Race Fruit Bar
- Race timed with Champion Chip Technology provided by Precision Race Results of Omaha
- Online Registration & Payment Available at www.GetMeRegistered.com

CASH PRIZES!

PRIZES & MEDALS

- 10K Run: \$100 prize to male and female winners, \$50 to second place winners
- 2-Mile: \$50 prize to male and female winners, \$25 to second place winners
- Top 3 winners in each age category for male and female receive medals

ONLY individuals registered online by June 20, 2023, will get a race t-shirt!

Entry Fees:

10K (6.2 MILE) RUN

\$25 before June 20, 2023

\$35 June 21 through July 3, 2023 @ 6:00 pm

2-MILE RUN

\$15 before June 20, 2023

\$25 June 21 through July 3, 2023 @ 6:00 pm

Age Classes for Male & Female Participants:

10 & Under	Age 11 – 13	Age 14 – 18	Age 19 - 23
Age 24 – 29	Age 30 – 39	Age 40 – 49	Age 50 - 59
	Age 60 – 69	Age 70 and older	

**CHILDREN 10 YEARS AND UNDER ARE
FREE FOR 2-MILE RUN WITH PAID
ADULT REGISTRATION**

FAMILY DISCOUNTS AVAILABLE THROUGH JUNE 20TH

No Pets Allowed!

A portion of the race proceeds go towards administrative expenses.

Last day to register is July 3rd, 2023 by 6:00 p.m. (online only).

NO RACE DAY REGISTRATIONS

Online Registration at: www.GetMeRegistered.com

